

Name:

Address:

Email Address:

Phone:

BTA / UKA Number:

The Race Entry Form 2008 / 9

Thank you for entering a gearsandtears event .

Races

Longmoor Lollop - Sunday 4th January 2009 - Hard 'n' Hilly 13m

Monsterman Series V

Full Series entry includes FREE cycle top for entries received before 30th September 2008

Monsterman I - Saturday 6th December 2008 - 10.30 am Start

4m / 12m / 4m - Fast and Furious

Monsterman II - Saturday 3rd January 2009 - 11.00 am Start

4m / 16m / 4m - Hard 'n' Hilly

Monsterman III - Saturday 14th February 2009 - 10.30 am Start

4m / 12m / 4m - Multi Lap Mayhem

Monsterman IV - Saturday 14th March 2009 - 10.30 am Start

4m / 12m / 4m - Multi Lap Mayhem

	g&t Member	BTA Member	Unattached	Total
Longmoor Lollop	£10.00	£12.50*	£14.50	£ _____
Monsterman I	£95.00	£110.00	£130.00	£ _____
Monsterman II	£25.00	£30.00	£35.00	£ _____
Monsterman III	£25.00	£30.00	£35.00	£ _____
Monsterman IV	£25.00	£30.00	£35.00	£ _____



Notes:

*If member of UKA affiliated club. The affiliation discount for the Longmoor Lollop is for UK Athletics affiliated members

If you provide an email address ALL details will be sent via email. You WILL be sent an acknowledgment on receipt of your entry. Race packs WILL be sent at least 10 days prior to each race. If you do not receive either, or change your email address let us know, at race@gearsandtears.com or on 0789 969 7282.

If you do not have an email address or prefer to receive hard copies of race packs and results please supply 2 Stamped self addressed envelopes. Thank you.

Additional Entrant Details (cont.)

Age:

Club (if applicable):

Please Confirm Races Entered:

- Longmoor Lollop
- Monsterman I
- Monsterman II
- Monsterman III
- Monsterman IV
- Mike Galpin Inter-Club Monsterman Competition

Tick as appropriate:

RACE ENTRY POLICY:

(boring but potentially useful):

All of the races in Series IV of Monsterman sold out so please do not leave your entry to the last minute. We currently do not hold slots for people. All entries are dealt with in the order they are received with reference to the date posted.

If you are ill or injured and notify us BEFORE (5 days) the event you are due to race we will happily transfer your entry to another of our events. We do not refund entry fees.

If you provide an email address on your entry form we will use that to confirm your race entry & to email your race information packs to. If you change your email address the onus is on you to let us know. All race packs are sent 2 weeks before the event. If you have not received your race pack by this time let us know it may be that the file has been blocked by your firewall or is too large. It will have been sent.

Finally please read the race packs when you receive them they contain useful information designed to help you get to the right place at the right time with the right stuff.

SIZE CHART for FREE cycle top for entries received before 30TH SEPTEMBER 2008

Size	XS/1	S/2	M/3	L/4	XL/5	2XL/6	3XL/7	4XL/8	5XL/9
Height	164-168	169-173	172-176	175-179	178-182	180-184	182-186	184-188	186-190
Chest	80-85	85-89	90-94	95-99	100-104	105-109	110-114	115-119	120-124
Waist	66-68	69-73	74-78	79-83	84-88	89-93	94-99	100-105	106-110